

GYOLDER TENGIZLIGI VA UNING MASALALARDA QO'LLANILISHI**Maxmudov Farrux,**

O'zMU Matematika fakulteti talabasi, xalqaro olimpiadalar g'olibi.

farrukh.uzbekistan@gmail.com**Norboyev Jahongir,**

O'zMU Matematika fakulteti talabasi, xalqaro olimpiadalar g'olibi.

jakhongirmath@mail.ru**ANNOTATSIYA**

Ushbu maqolada muhim tengsizlardan biri hisoblangan Gyolder tengsizligi va uning qo'llanilishiga doir masalalar va ularning yechimlari batafsil tushuntirilgan. Mustaqil yechish uchun yetarlicha masalalar berilgan.

Kalit so'zlar: AM-GM tengsizligi, Koshi-Shvartz tengsizligi, Gyolder tengsizligi.

ABSTRACT

In this article, Holder's inequality, which is considered one of the most important inequalities, and its application problems and their solutions are explained in detail. Sufficient problems are given for independent solution.

Key words: AM-GM inequality, Cauchy-Schwarz inequality, Golder inequality.

АННОТАЦИЯ

В этой статье подробно объясняется неравенство Гёльдера, которое считается одним из важнейших неравенств, а также проблемы, связанные с его применением и их решением. Приведено достаточное количество задач для самостоятельного решения.

Ключевые слова: Неравенство AM-GM, неравенство Коши-Шварца, неравенство Голдера.

Ushbu maqolani o‘rganishdan avval, o‘quvchining quyidagi tengsizliklar bilan tanish bo‘lishi tavsiya etiladi. Bular sodda tengsizliklar [1], AM-GM tengsizligi [1] va Koshi-Shvartz tengsizliklari [2]. Ularni ko‘rsatilgan manbalardan ko‘rib chiqishingiz mumkin.

Dastlab Koshi-Shvartz tengsizligini keltiramiz.

Teorema 1. (Koshi-Shvartz tengsizligi) $a_1, a_2, \dots, a_n, b_1, b_2, \dots, b_n, c_1, c_2, \dots, c_n$

haqiqiy sonlari berilgan bo‘lsin. U holda ushbu tengsizlik o‘rinli:

$$(a_1^2 + a_2^2 + \dots + a_n^2)(b_1^2 + b_2^2 + \dots + b_n^2) \geq (a_1 b_1 + a_2 b_2 + \dots + a_n b_n)^2$$

Bu tengsizlikda tenglik holi faqat va faqat $\frac{a_1}{b_1} = \frac{a_2}{b_2} = \dots = \frac{a_n}{b_n}$ bo‘lganda bajariladi.

Ko‘rishimiz mumkinki Koshi-Shvartz tengsizligining chap tarafida ikkita ko‘paytuvchi va o‘zgaruvchilar ikkinchi darajaga oshirilgan. Gyolder tengsizligida ikki ko‘paytuvchini umumlashtiramiz. Masalan haqiqiy $a_1, a_2, \dots, a_n, b_1, b_2, \dots, b_n, c_1, c_2, \dots, c_n$ sonlari uchun, gyolder tengsizligiga ko‘ra quyidagi tengsizlik o‘rinli:

$$(a_1^3 + a_2^3 + \dots + a_n^3)(b_1^3 + b_2^3 + \dots + b_n^3)(c_1^3 + c_2^3 + \dots + c_n^3) \geq (a_1 b_1 c_1 + a_2 b_2 c_2 + \dots + a_n b_n c_n)^3$$

Endi Gyolder tengsizligini umumiyo ko‘rinishini keltiramiz:

Teorema 2. (Gyolder tengsizligi [3]) Barcha $a_{i_j} > 0$ sonlar uchun quyidagi tengsizlik o‘rinli:

$$\prod_{i=1}^m \left(\sum_{j=1}^n a_{i_j} \right) \geq \left(\sum_{j=1}^n \sqrt[m]{\prod_{i=1}^m a_{i_j}} \right)^m$$

Gyolder tengsizligining $m = 2$ bo‘lgan holi Koshi-Shvartz tengsizligini ifodalaydi.

Endi ushbu tengsizlikni misollarda qo‘llanishlarini ko‘rib o‘tamiz.

Masala 1. a, b, c musbat haqiqiy sonlar berilgan. U holda quyidagi tengsizlikni isbotlang:

$$(a^3 + 2)(b^3 + 2)(c^3 + 2) \geq (a + b + c)^3$$

Yechim. Gyolder tengsizligi ko‘ra

$$(a^3 + 1 + 1)(1 + b^3 + 1)(1 + 1 + c^3) \geq \left(\sqrt[3]{a^3 \cdot 1 \cdot 1} + \sqrt[3]{1 \cdot b^3 \cdot 1} + \sqrt[3]{1 \cdot 1 \cdot c^3} \right)^3$$

Yoki

$$(a^3 + 2)(b^3 + 2)(c^3 + 2) \geq (a + b + c)^3. \blacksquare$$

Masala 2. (Junior Balkan MO 2002) Barcha a, b, c musbat haqiqiy sonlari uchun quyidagi tengsizlikni isbotlang:

$$\frac{1}{b(a+b)} + \frac{1}{c(b+c)} + \frac{1}{a(c+a)} \geq \frac{27}{2(a+b+c)^2}$$

Yechim. Bu masala Gyolder tengsizligi qo'llanilib yechiladigan masalalarga yorqin misol bo'ladi. Dastlab $3^3 = 27$ va $2(a+b+c) = (a+b) + (b+c) + (c+a)$ tengliklarni hisobga olamiz.

Tengsizlikni ikkala tomoniga ham $2(a+b+c)^2$ ifodani ko'paytirib, yuqoridagi tenglikka ekvivalent bo'lgan ushbu tengsizlikni hosil qilamiz:

$$((a+b) + (b+c) + (c+a))(b+c+a) \left(\frac{1}{b(a+b)} + \frac{1}{c(b+c)} + \frac{1}{a(c+a)} \right) \geq 27$$

Bu tengsizlik esa Gyolder ($m=3$) tengsizligiga ko'ra o'rinnli. Bundan esa

$$\frac{1}{b(a+b)} + \frac{1}{c(b+c)} + \frac{1}{a(c+a)} \geq \frac{27}{2(a+b+c)^2}$$

Tengsizlik ham o'rinnli ekanligi kelib chiqadi. ■

Masala 3. $a + b = 1$ tenglikni qanoatlantiradigan a, b musbat haqiqiy sonlari uchun quyidagi tengsizlikni isbotlang:

$$\frac{1}{a^2} + \frac{1}{b^2} \geq 8$$

Yechim. Shartga ko'ra, ko'rishimiz mumkinki,

$$\frac{1}{a^2} + \frac{1}{b^2} = (a+b)(a+b) \left(\frac{1}{a^2} + \frac{1}{b^2} \right)$$

So'ngra Gyolder ($m=3$) tengsizligini qo'llasak,

$$(a+b)(a+b)\left(\frac{1}{a^2} + \frac{1}{b^2}\right) \geq \left(\sqrt[3]{\frac{a \cdot a}{a^2}} + \sqrt[3]{\frac{b \cdot b}{b^2}}\right)^3 = 8 . \blacksquare$$

Masala 4. $a+b+c=1$ tenglikni qanoatlantiradigan a,b,c musbat haqiqiy sonlari uchun quyidagi tengsizlikni isbotlang:

$$4a^3 + 9b^3 + 36c^3 \geq 1$$

Yechim. Bilamizki,

$$\frac{1}{2} + \frac{1}{3} + \frac{1}{6} = 1.$$

Endi Gyolder ($m=3$) tengsizligini qo'llasak,

$$\left(\frac{1}{2} + \frac{1}{3} + \frac{1}{6}\right)\left(\frac{1}{2} + \frac{1}{3} + \frac{1}{6}\right)(4a^3 + 9b^3 + 36c^3) \geq (a+b+c)^3 = 1$$

Shu bilan isbot tugadi. ■

Masala 5. a,b,c musbat haqiqiy sonlar berilgan. Ular uchun quyidagi tengsizlikni isbotlang:

$$\frac{a+b}{\sqrt{a+2c}} + \frac{b+c}{\sqrt{b+2a}} + \frac{c+a}{\sqrt{c+2b}} \geq 2\sqrt{a+b+c}$$

Yechim. Dastlab Gyolder tengsizligini quyidagicha qo'llaymiz:

$$\left(\frac{a+b}{\sqrt{a+2c}} + \frac{b+c}{\sqrt{b+2a}} + \frac{c+a}{\sqrt{c+2b}}\right)^2 ((a+b)(a+2c) + (b+c)(b+2a) + (c+a)(c+2b)) \geq 8(a+b+c)^3$$

Va yana bilamizki:

$$((a+b)(a+2c) + (b+c)(b+2a) + (c+a)(c+2b)) = (a+b+c)^2 + 3(ab+bc+ca)$$

Bundan kelib chiqadiki yuqoridagi tengsizlikni isbotash uchun quyidagi tengsizlikni isbotlash yetarli:

$$\frac{8(a+b+c)^3}{(a+b+c)^2 + 3(ab+bc+ca)} \geq (2\sqrt{a+b+c})^2$$

Bu tengsizlik esa sodda bo'lgan $(a+b+c)^2 \geq 3(ab+bc+ca)$ yoki $a^2 + b^2 + c^2 \geq ab + bc + ca$ tengsizliklari bilan ekvivalent. ■

Mustaqil yechish uchun masalalar:

Masala 6. a, b, c musbat haqiqiy sonlar berilgan. U holda quyidagilarni isbotlang:

$$(a) \quad \frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq \frac{(a+b+c)^3}{3(ab+bc+ca)}$$

$$(b) \quad \frac{1}{a} + \frac{1}{b} + \frac{1}{c} \geq \sqrt{\frac{27}{ab+bc+ca}}$$

$$(c) \quad \frac{a^2}{a+b} + \frac{b^2}{b+c} + \frac{c^2}{c+a} \geq \frac{a+b+c}{2}$$

$$(d) \quad \frac{a^2 + b^2 + c^2}{a+b+c} \geq \sqrt{\frac{abc(a+b+c)}{ab+bc+ca}}$$

Masala 7. a, b, c musbat haqiqiy sonlar berilgan bo‘lib ularning yig‘indisi 1 ga teng. Quyidagi tengsizlikni isbotlang:

$$\sqrt[3]{99} \geq \sqrt[3]{1+8a} + \sqrt[3]{1+8b} + \sqrt[3]{1+8c}$$

Masala 8. a_1, a_2, \dots, a_n musbat haqiqiy sonlar uchun, ushbu tengsizlikni isbotlang:

$$(1+a_1)(1+a_2) \cdot \dots \cdot (1+a_n) \geq \left(1 + \sqrt[n]{a_1 a_2 \dots a_n}\right)^n$$

Masala 9. a, b, c, x, y, z musbat haqiqiy sonlar uchun, ushbu tengsizlikni isbotlang:

$$\frac{a^3}{x} + \frac{b^3}{y} + \frac{c^3}{z} \geq \frac{(a+b+c)^3}{3(x+y+z)}$$

Masala 9. Yig‘indisi 1 gateng bo‘lgan a, b, c musbat haqiqiy sonlar uchun, ushbu tengsizlikni isbotlang:

$$\frac{1}{a(3b+1)} + \frac{1}{b(3c+1)} + \frac{1}{c(3a+1)} \geq 4.5.$$

Foydalanilgan adabiyotlar:

1. Pham Kim Hung, Secrets in Inequalities (Volume 1), GIL Publishing House, 2007.
2. Pham Kim Hung, Secrets in Inequalities (Volume 2), GIL Publishing House, 2007.
3. Samin aRiasat, Basics of Olympiad Inequalities, 2008.
4. Radmila Bulajich Manfrino, Jose Antonio Gomez Ortega, Rogelio Valcez Delgado, Desigualdades, Instituto de Matematicas, Universidad Nacional Autonoma de Mexico, 2005