# EFFECTIVE TIPS, METHODS, STRATEGIES AND ONLINE RESOURCES FOR SELF-STUDY OF STUDENTS LEARNING ENGLISH

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*Abstract: The style of technique used in a learning context is essential for effective learning. Nowadays, due to technological advancements and easy access to learning resources worldwide, learners mostly prefer to learn independently. This trend has led to more practical and effective self-education, which is especially relevant in modern times. The goal of this paper is to examine the different dimensions of self-studying and explore how it can support the modern needs of students while considering its pros, especially in higher education. Furthermore, the paper provides some suggestions on how to facilitate the process of self-study in learning. The article describes students' self-study   an indispensable part of tertiary education. Methods of organization, tips and strategies   of students' self-study is described , different useful resources are mentioned as a tool for organization of  students' self-study, who study  in the field of information technology.*

*Key words: Self-study, lifelong learning, self-motivation, critical thinking, foreign language learning, personal and professional development, methods, tips and strategies, online resources.*

## INTRODUCTION

Self-study of students is an indispensable part of tertiary education for several reasons. Self-study is a method of learning where students take charge of their own studying outside of the classroom, without direct supervision. [1] This allows the student to take control of how, what, when, and where they learn. First of all, it fosters the self-determination of students namely self-study, and enables students to develop self-motivation and discipline in their learning foreign languages. They learn to take responsibility for their education and become self-determined learners. Moreover, self-study enhances critical thinking and encourages students to think critically and analyze information independently. It allows them to evaluate their ideas and reflect on their own progress.  Self-study supports lifelong learning; at the same time it equips students with the skills to continue learning long after they have left tertiary education. It encourages them to take responsibility for their own ongoing professional

development. Thereby, it increases knowledge retention: Research has shown that students who are engaged in self-study are more likely to retain information and demonstrate a long-term understanding of the material. Besides self-study prepares students for independent research helping students to develop the research skills necessary for their future academic and professional endeavors. It teaches them to locate, evaluate and use a variety of sources to support their learning.

## METHODS

Learning English is a challenging task, but it is also a rewarding one. As a student, one may find it difficult to improve their English skills without the help of a teacher or tutor. However, self-study can be an effective way to improve the English language proficiency. As Enrichment states: "Self-study and traditional classroom learning can be used together to help your child get the most out of his or her learning experience. Together, these methods help students learn and retain information better, helping boost comprehension, grades, and motivation." [2]

There are several methods of organization of independent work of students.

•One of the most widespread methods is the task-based approach.  This method involves giving students specific tasks to complete during their independent study time. These tasks can be related to the course material or can be designed to develop specific skills.

•Project-based approach is also considered to be one of the effective methods of self-education. In this method, students are given a larger project to work on independently. This can be a research project, a creative project, or a problem-solving project.

•Self-directed learning is also one of the useful methods in the organization of students' self-study. This method involves giving students the freedom to choose what they want to study during their independent study time. The teacher provides guidance and resources, but the student is responsible for choosing their own learning path.

•Flipped classroom: In a flipped classroom, students are given pre-recorded lectures or other materials to review before class. During class time, they work on activities related to the material they reviewed independently.

•In the Peer-led learning method, students work in small groups to teach each other the course material. Each student takes turns leading the group and presenting the material.

•One of the methods which is gaining more and more popularity in tertiary education and in the organization of students' self- study is online learning.  Students can use online resources such as videos, interactive tutorials, and quizzes to learn

independently. Teachers can also use online tools to track student progress and provide feedback.

•   Blended learning, mixed learning, or edutainment is one of the fast-developing methods these days.  This method combines traditional classroom instruction with online learning and educational games. Students complete some of their coursework independently online and then come to class for discussions and activities related to the material they learned online or teachers integrate games into their lessons when designing materials.  [4]

## DISCUSSION

Mary Banks mentioned that self-directed study is an incredibly important part of life; many people already do it without even realizing it. She also advises taking the necessary steps to be a strong self-teacher/learner in order to profoundly impact both education and life in her article "Self-Study: What Is It And How To Do It".  [3]   Here are some tips and strategies for self-study that can help students achieve their language learning goals.

1.       Set Goals. Before you start your self-study, it is important to set clear goals

for what you want to achieve. This will help you stay motivated and focused on your learning objectives. Your goals should be specific, measurable, achievable, relevant, and time-bound. For example, you may set a goal to improve your speaking skills by practicing speaking for 30 minutes every day for the next month.

2. Create a Study Plan. Once you have set your goals, create a study plan that outlines the activities you will do to achieve them. Your study plan should include a variety of activities, such as reading, writing, listening, and speaking. You can use textbooks, online resources, and language-learning apps to help you with your self-study.

3. Practice Consistently. Consistency is key when it comes to self-study. You should practice English every day, even if it is just for a few minutes. This will help you build your language skills gradually over time. You can practice by reading English books, watching English movies, listening to English podcasts, and speaking with native speakers.

4. Use Technology. Technology can be a great tool for self-study. There are many language-learning apps and websites that can help you improve your English skills. Some popular apps include Duolingo, Babbel, and Rosetta Stone. You can also use social media to connect with other English learners and practice your language skills.

5. Get Feedback. Getting feedback is important for improving your English skills. You can ask a friend or family member who is fluent in English to give you feedback

on your speaking or writing. You can also join online language learning communities where you can get feedback from other learners and teachers. [5]

There are many scientists and researchers who develop online resources for self-education in learning foreign languages. Some notable examples include the team behind Duolingo, a popular language learning app, and the creators of Memrise, a platform that uses gamification to help users memorize vocabulary. Other researchers focus on developing language learning software that uses artificial intelligence and machine learning algorithms to personalize the learning experience for each individual user. Overall, the field of language learning technology is constantly evolving, with new tools and resources being developed all the time to help people learn languages more effectively and efficiently. There is a list of online resources that will be handy in the organization of students' self-study.

1. Duolingo - an easy-to-use online platform that offers personalized language education for all levels.

2. Memrise - a fun, gamified platform that uses memorization techniques to improve vocabulary, grammar, and comprehension.

3. English Central - a website that provides video lessons with interactive tools to help students practice speaking, listening, and pronunciation.

4. Busuu - an effective platform that offers lessons on grammar, vocabulary, reading, and writing.

5. British Council Learn English - an online resource offered by the British Council that caters to all levels of learners and covers various topics such as grammar, vocabulary, and comprehension.

6. ESL Gold - a comprehensive website with various resources on grammar, vocabulary, listening, speaking, and writing.

7. BBC Learning English - an online site that caters to learners of all ages and skill levels, offering short video lessons, quizzes, and activities.

8. Khan Academy - while not specifically geared towards English-language learning, this versatile platform has lessons on various subjects, including English writing and language.

9. TESOL International Association - an association dedicated to providing resources and support for English-language learners and educators.

10. Quizlet - a popular tool for students to create and access flashcards and quizzes on various subjects, including English-language learning.[6]

## RESULTS

In today's globalized world, English has become the universal language of communication, especially in the field of information technology. As a student in this

field, it is essential to have a good command of English to succeed in your studies and future career. Here are some tips and strategies to help students improve their English skills in the information technology sphere.

1. Learn Technical Vocabulary

The information technology field has its own technical vocabulary that you need to learn to communicate effectively. You can start by creating a list of technical terms and their definitions. You can also use online resources, such as technical dictionaries and glossaries, to help you learn technical vocabulary.

2. Read Technical Materials

Reading technical materials, such as technical manuals, white papers, and research papers, can help you improve your technical vocabulary and comprehension skills. You can also read technology-related news articles and blogs to stay up-to-date with the latest trends and developments in the field.

3. Practice Writing Technical Documents

Writing technical documents, such as reports, proposals, and project plans, can help you improve your writing skills and learn how to communicate technical information effectively. You can also practice writing emails and memos to colleagues and clients in a professional and concise manner.

4. Watch Technical Videos

Watching technical videos, such as tutorials and webinars, can help you improve your listening and comprehension skills.

 You can also watch videos of presentations and conferences to learn from experts in the field.

5. Participate in Discussions and Presentations

Participating in discussions and presentations can help you improve your speaking and presentation skills. You can join online forums and discussion groups to practice your communication skills with other students and professionals in the field. You can also participate in group projects and presentations to practice your teamwork and collaboration skills.

6. Take English Language Courses

Taking English language courses, such as business English or technical English, can help you improve your language skills in a structured and systematic way. You can also take online courses and tutorials to supplement your self-study.[1]

## CONCLUSION

In conclusion, self-study can be an effective way for students to improve their English language skills. By setting clear goals, creating a study plan, practicing consistently, using technology, and getting feedback, students can achieve their

language learning objectives. With dedication and hard work, anyone can become proficient in English. Thus, self-study is an indispensable part of tertiary education since it supports students' academic and personal growth, fosters lifelong learning, enhances critical thinking, and prepares them for independent research. Improving your English skills is also essential for success in the information technology field. By learning technical vocabulary, reading technical materials, practicing writing technical documents, watching technical videos, participating in discussions and presentations, and taking English language courses, students can improve their English skills and achieve their academic and career goals.

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